

# Trauma Informed Classrooms



**Friday, September 28<sup>th</sup>, 2018**

A full day workshop that assists school personnel in becoming trauma informed. The workshop will cover the following topics:

- Overview of trauma
- How trauma impacts the brain
- Understanding student behaviour through the trauma lens
- Understanding what trauma looks like in the school setting
- Understanding how trauma impacts student learning
- Practical strategies for supporting children and youth with trauma in the school setting

The content of the workshop will draw from the presenters' combined experience, training and education, including the current research in the field of trauma. This workshop is for all school personnel, including teachers, administrators, educational assistants, school counsellors and school clinicians.

## About the Presenters

*Sara Tarrant* has sixteen years experience working in schools, and a Masters in Counselling Psychology. She is a Certified Canadian Counsellor and a Certified Child and Play Therapist. She currently has a private practice where she specializes in treating children with trauma and attachment issues.

*Megan Land McCarthy* has been practicing as an Occupational Therapist for the last 11 years, specializing in pediatrics. She obtained her B.Sc. OT, from Dalhousie University and a postgraduate certificate in Behavioral Intervention in Autism from University of Massachusetts. She is currently completing her Masters in Rehabilitation Sciences at the University of Manitoba. Her work with her clients has allowed her to explore pediatric OT in both mental and physical health capacities and in a variety of environments.

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## Registration Information

Where: Canadian Mennonite University, North Campus, 600 Shaftesbury Blvd.

When: September 28<sup>th</sup>, 2018 9:00 a.m.-3:30p.m. (Registration begins at 8:45 a.m.)

Lunch will be on your own—several restaurants nearby.

Name: \_\_\_\_\_

School: \_\_\_\_\_ Title: \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

**Advance Price: \$150**

**After September 14<sup>th</sup>: \$175**

Email: [sara@growingrootstherapy.ca](mailto:sara@growingrootstherapy.ca), Fax: 204.272.3485, or Mail this form with payment to secure your spot.

Etransfer: [sara@growingrootstherapy.ca](mailto:sara@growingrootstherapy.ca) or Mail cheque to Sara Tarrant, 2-834 Corydon Avenue, Winnipeg, MB, R3M 0Y2

***Register Early. Limited Spots Available.***